

## Louisiana PASS



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### Disc Golf

Believe it or not, disc golf has been around since the beginning of humankind in one way or another. For example, when cavemen and women hunted for food, they often threw rocks at their prey. This is very similar to disc golf where an object is also thrown from a distance at a specific target.

The very first flying disc was invented by Ed Headrick in 1964. In 1975, Headrick also invented the first disc hole pole. Before this invention, trees, trash cans, and light poles were used as targets. Headrick also designed the first formal disc golf course in 1975 and founded the Professional Disc Golf Association the same year.

The first disc golf course was built in Pasadena, California. However, there are many other courses around the United States. One of the most famous is the DeLaveaga Disc Golf Course in Santa Cruz, California, which includes 27 “holes”. Hole 27 is known as “the top of the world” because of its fantastic ocean view.

Disc golf is very similar to traditional golf, except players use plastic flying discs instead of balls and clubs. Also, instead of a hole in the ground, the target is above ground. Just like traditional golf uses different clubs for different purposes, disc golfers use different types of discs for different approaches to their targets.

If you’re a fan of ordinary golf, try disc golf. While there are a few professional disc golfers who have been able to quit their day jobs, the sport is still waiting for its first superstar!

For more information on disc golf, click on one of these links:

[History of disc golf](#)

[What is disc golf?](#)

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